



# St. Albert the Great Parish

*"What we believe in we glorify & what we glorify we believe in."*

Charitable Registration Number/BN 107909939 RR0084

10 Prestwick Drive SE, Calgary, AB, Canada T2Z 4J6

Phone: 403-257-6054 Fax: 403-257-6072

Web: ST-ALBERT-PARISH.COM

## 6th Sunday in Ordinary Time February 14<sup>th</sup>, 2010

<b><u>Today's Readings:</u></b>	<b><u>Next Sunday's Readings:</u></b>	<b>Pastor:</b> FR. KEVIN TUMBACK pastor@st-albert-parish.com
Jeremiah 17: 5-8	Deuteronomy 26: 4-10	<b>Associate Pastor:</b> FR. NELSON ANTAO associate-pastor@st-albert-parish.com
1 Corinthians 15: 12, 16-20	Romans 10: 8-13	<b>Deacons:</b> GREG LAFAVE gclafave@gmail.com JOHN WALSH john_walsh@shaw.ca PATRICK WOO deacon.pat@shaw.ca
Luke 6: 17, 20-26	Luke 4: 1-13	

**OFFICE STAFF:** RECEPTION: Brendan, Rosanna, Niki, William, Matthew, Alexandra  
ACCOUNTING: Carla Jane Romeo  
BAPTISM COORDINATOR: Gail Crimi  
SACRAMENTAL COORDINATOR: Norma Leurer  
YOUTH COORDINATOR: Melanie Green  
RECEPTION / SECRETARY: Sharon Cooper  
SEMINARIAN: Lukas Drapal

office@st-albert-parish.com  
accounting@st-albert-parish.com  
baptism@st-albert-parish.com  
sacraments@st-albert-parish.com  
youth@st-albert-parish.com  
admin@st-albert-parish.com  
seminarian@st-albert-parish.com

**OFFICE HOURS:** Monday, Tuesday, Wednesday  
Friday  
Thursday  
Saturday  
Sunday

9:00 am - 9:00 pm **CLOSED 1pm-1:30 PM**  
9:30am-9:00pm **CLOSED 1pm-1:30pm**  
9:00 am - 9:00 pm **CLOSED 1pm-2:30 PM**  
10:00 am - 4:00 pm  
Office Closed

**MASS TIMES:** WEEKENDS: Saturday 5:00 pm  
Sunday 9:00 am and 11:00 am

WEEKDAYS: Tuesday  
Wednesday  
Thursday  
Friday  
1<sup>st</sup> Friday

7:45 am St. Albert the Great School  
7:45 am Monsignor Smith School  
7:45 am Cardinal Newman School  
9:00 am St. Albert the Great Church  
9:00 am St. Albert the Great Church  
followed by Eucharistic Adoration  
7:00 pm St. Albert the Great Church

Tues., Wed., Thurs. and 1<sup>st</sup> Fri. of the Month

**SACRAMENTS:** CONFESSION: Saturday 3:30 - 4:30 pm  
Sunday 8:00 - 8:30 am  
Tuesday, Wednesday and Thursday 6:30 to 6:50 pm (before Mass)

**BAPTISM:** Contact Gail at the parish office to receive your Registration Package. Participation at an Information Session and a Preparation Class is mandatory for all families prior to celebrating the Baptism.  
**Please call early to avoid disappointment.**

**MARRIAGE:** **Six to nine months notice is required.** Couples who are planning a wedding in the parish are expected to regularly worship with a Catholic Community and participate in a Marriage Preparation Program.  
**Please see Father Kevin after the weekend Masses to make an appointment.**

### **MASS INTENTIONS THIS WEEK:**

Tuesday Mc Care	Feb 16	AM	Heather Webber (Int)		
Tuesday	Feb 16	AM	Toni & Fred Denomme (Int)	PM	Steven & Matilda Tivadar (Int)
Wednesday	Feb 17	AM	Roberta Hughes (RIP)	PM	Evelyn Masse (RIP)
Thursday	Feb 18	AM	Vida Geroux (Int)	PM	Kathleen Majiltan (RIP)
Friday	Feb 19	AM	Bros. Malcom Thomas (RIP)	PM	

**CATHOLIC TRIVIA:** What is Fast and what is Abstinence in relation to Lent?

## LITURGICAL MINISTRY SCHEDULE

February 20<sup>th</sup> & 21<sup>st</sup>, 2010

1<sup>st</sup> Sunday in Lent

Saturday 5:00 PM			
<b>Altar Servers</b>	Christina H	Chloe B	Jacob H
	Kaelyn H	Katie B	Erin K
<b>Hospitality</b>	Paul H	Marina A	Jason S
	Caroline S	Dominic S	Carmen S
	Kaitlyn S	Bob Y	
<b>Lectors</b>	Sarah K	Carmen S	Dawn R
<b>Eucharistic</b>	Julie C	Gail C	Barbara E
	Mary-Lou P	Erin K	Susan Z
Sunday 9:00 AM			
<b>Altar Servers</b>	Carl C	Sarah C	Illeana T
	Mila T	Emmanuel W	Sophie C
<b>Hospitality</b>	Norm M	Dennis B	Melissa B
	Devon K	Darwin K	Jason K
	Karen S	Peter S	Pam T
	Gerry T		
<b>Lectors</b>	Pat M	Braeden M	Katerina M
<b>Eucharistic</b>	Mag G	Janine K	Darlene D
	Margaret S	Angie T	Jim B
	Cheryl K	Norm M	Sheila S
	Jenny S		
Sunday 11:00 AM			
<b>Altar Servers</b>	Monica M	Melissa P	Sarah P
	Chris S	Nicholas S	Tyler S
<b>Hospitality</b>	Paula J	Theresa D	Akwai J
	Breanne K	James K	Amanda K
	Christina K	Joseph K	Mary M
	John T	Anthony T	
<b>Lectors</b>	Francis N	Cecilia N	Nancy N
<b>Eucharistic</b>	Norma L	William L	Richard L
	Marion F	Lidia D	Del G

**All Ministries, please remember to arrive and sign in 15 minutes prior to Mass**

### UPCOMING MEETINGS & EVENTS

Passion Play Rehearsal	6:30 pm	Mon	Feb 15
Prayer and Sharing	7:00 pm	Mon	Feb 15
Rosary	6:30 pm	Tues	Feb 16
Parish Council meeting	7:30 pm	Tues	Feb 16
RCIA	7:00 pm	Wed	Feb 17
DVD based Bible Study	9:00 am	Thurs	Feb 18
Cenacles	11:30 am	Thurs	Feb 18
Challenge Girls	7:00 pm	Thurs	Feb 18
SvdP meeting	7:30 pm	Thurs	Feb 18
Bible Study with Father Nelson	7:30 pm	Thurs	Feb 18
Youth Group Movie Night	7:00 pm	Fri	Feb 19

All parishioners are encouraged to attend **7:00 pm Mass prior** to attending meetings at 7:30 pm.

### MARRIED COUPLES WEEKEND RETREAT

**Feb-26-28** at Mount St. Francis Retreat Centre, Cochrane. Call Jerry or Ann at 403-286-8445 to register or for info.



### *From the cluttered Desk of Fr. Kevin,*

So in the Trivia you have the answer to the age old question of fast and abstinence. Problem is the difference between the law and the spirit of the law. Let me explain. The whole purpose of fast and abstinence is a spiritual change and growth in the life of the person. Is there an age requirement for that? No, it is the ongoing journey of faith that parents are suppose to help their children grow in and grow in themselves.

Can a child of 6 go without meat one day of the week? And the answer is, of course they can and many do, it just takes some planning. So why would a child of 6 need to go without meat for one day of the week? Can we teach them something by making one day of the week different? Can we teach them about the child who gets nothing to eat?

Lent is a time of spiritual growth, of entering into the sacrifice and suffering of Jesus. How do we do this? We make our Lenten observance, we chose to do different things, pray more, go to Mass more often, eat less, and give up certain foods, TV, games, time on the computer, to name a few.

If you check the nutrition guides for Canada you will discover that most Canadians eat more than they need. We take in too many calories, eat too much red meat, eat too much processed food, snack too much, and are really not taking good care of the temple of the Holy Spirit that God has given to us for our time on earth. May be we need to refocus on this temple and the spiritual meaning behind it?

How about this typical Saskatchewan Lenten Friday meal plan: Quaker oats with milk and brown sugar for breakfast, cheese and lettuce sandwich plus fruit for lunch and tuna casserole for supper. No snacks. And no one ever died from it.

*Peace Fr. Kevin*

### REMINDER



Remember to eat less and not to eat meat on **ASH WEDNESDAY**, February 17, as this is a day of Fast & Abstinence.

### STATIONS OF THE CROSS



Please join us for the Lenten celebrations of the Stations of the Cross on Friday evenings after the 7pm Mass beginning **Friday, February 19<sup>th</sup>**.

### BURNING OF THE BLESSED PALMS

It's time to bring in your old Palm & get ready for a new Lenten journey. Burning at SATG on **Sunday, February 14, at 1pm.**

### URGENT APPEAL

Calgary Catholic Immigration Society urgently require volunteers to help a number of refugee & immigrant families adjust to their new homes in Calgary. Can you spare a couple of hours each week to help these newcomers. Please call Beata 403-290-5752 or email Kim at [host2@ccis-calgary.ab.ca](mailto:host2@ccis-calgary.ab.ca) for more information.

*"I was a stranger & you made me welcome"*

Matt: 25 v 25

### A LOOK AT THE CATECHISM OF THE CATHOLIC CHURCH



There will be no Catechism class on Ash Wednesday, February 17. **Class resumes with "Sacraments of Faith" on Wednesday, February 24<sup>th</sup> at 7:30pm**

### BOOK OF HEBREWS: BIBLE STUDY

Evening Bible study will resume **FEBRUARY 18<sup>TH</sup> (7:30PM)** & run on consecutive **THURSDAYS** until completed.

### CHRIST THE KING

#### CATHOLIC SCHOOL – CRANSTON

Parent Participation Planning Meeting – Thursday, February 18<sup>th</sup>, 7pm @ Cardinal Newman School, 16201 McKenzie Lake Blvd.

### STEWARDSHIP REFLECTION

*"Rejoice in that day and leap for joy; for surely your reward is great in heaven;"* (Luke 6:23) Beatitude" means "happiness". Jesus concludes his sermon on the Mount, the confrontation of the Old Law with the New, the steps to perfection, the virtues leading to eternal happiness, with an exhortation of joy. Be joyful! The Kingdom of Heaven is the reward for discipleship.

### BISHOP CARROLL HIGH SCHOOL

**Open House**, Thursday, February 25<sup>th</sup> 2010 – 9:30am; 3:15pm; 6:30pm & 8:30pm., 4624 Richard Road SW.

### ECOLE ST. MATTHEW

**Information night** for Full Day Kindergarten, April 29<sup>th</sup> - 6:30pm. For more information call 403-500-2030 or view website at [www.cssd.ab.ca/schools/stmatthew](http://www.cssd.ab.ca/schools/stmatthew).

### LADIES MID WEEK RETREAT

Tuesday to Thursday, September 7-9, 2010, Mount Saint Francis Retreat Centre, Cochrane. Contact Kathy 403-246-0660 or email [fkoczkowski@shaw.ca](mailto:fkoczkowski@shaw.ca)

### TWO VOLUNTEERS NEEDED

We are in need of 2 volunteers to go through the parish archives to find pictures of our prior priests so we can frame and display their pictures to acknowledge their service to our parish. If you or your family have a picture of one of our priest and would like to share it, please drop it off at the office.

## ST. ALBERT THE GREAT BULLETIN BOARDS

Please check out the Bulletin Boards upstairs & downstairs for ways to enrich your spiritual journey through life in Calgary and the surrounding areas.

### COMING ALIVE CAMP NEEDS VOLUNTEERS

Coming Alive Camp requires two adult volunteers to join our recreation team. Volunteers must be available everyday of camp week, July 19-23. Children of volunteers are **guaranteed a spot** at camp. For information, contact Colleen at [cmmagee@shaw.ca](mailto:cmmagee@shaw.ca)

# Youth 4 Him

Youth Group **CANCELLED** Feb. 12<sup>th</sup>

**Kung Fu Panda Movie Night**  
Feb. 19<sup>th</sup> 7-9pm

Youth Group **CANCELLED** Feb. 26<sup>th</sup>

Youth Group **RESUMES** March 5<sup>th</sup>

[www.st-albert-parish.com/youth](http://www.st-albert-parish.com/youth)

Email: [youth@st-albert-parish.com](mailto:youth@st-albert-parish.com)

Website: [www.st-albert-parish.com/youth](http://www.st-albert-parish.com/youth)

### HELPING THOSE IN NEED – ST. VINCENT DE PAUL

We are in need of **cooking oil & tea**. **Unopened items only**. Monetary donations can be dropped off at the office or placed in the collection basket marked for St. Vincent de Paul.

### CATHOLIC TRIVIA ANSWER:

Catholics between the ages of 18 and 59 yrs are required to fast on Ash Wednesday and Good Friday, unless a physical condition prevents otherwise. This means only one full meal is permitted on that day. The Fridays of Lent are days of required abstinence, meaning meat is not permitted. Abstinence is required of those ages 14 and older. Fasting helps us learn to control a particular part of our life, which leads to greater self-discipline even when Lent is over. As such in Lent we are able to learn, examine, and get under control our material excesses. All fasting should be done for God's glory and spiritual growth.



# Roman Catholic Diocese of Calgary

Announcements from the Catholic Pastoral Centre for  
February 14th, 2010, the 6th Sunday in Ordinary Time

## Library & Archives

### Seeking a Part-Time Library and Archives Assistant

The RC Diocese of Calgary invites applications for a part-time, temporary Library & Archives Assistant to fill a maternity leave. This is a 15 hr/wk position with flexible scheduling and is located at the Catholic Pastoral Office in Calgary. This competition closes **March 12, 2010**. For more information about this position and application details see the [www.rcdiocese-calgary.ab.ca](http://www.rcdiocese-calgary.ab.ca) website under Employment.

## Calgary Catholic School Board

The Calgary Catholic School District is seeking caring and nurturing families who are interested in welcoming international students into their homes as a member of their family.

- Do you have an extra private, furnished bedroom?
- Do you have the "time" for a new member of your family? (e.g. prepare healthy, nutritious meals; provide opportunities for them to better understand Canadian culture)
- Is English the primary language spoken in your home?
- Do you and everyone over 16, living in your home, have a clean police record?

If this describes your situation and you are interested in getting further information, please contact the District at [international@cssd.ab.ca](mailto:international@cssd.ab.ca). Families will receive a monthly fee for hosting the student.

## Liturgy

**Christ Mass Choir.** Music is an important part of liturgical celebrations. The annual Mass of Christ (Monday, March 29<sup>th</sup> at 7:30 p.m.) offers a special opportunity for choristers to share their artistic gifts with the Diocese and to facilitate the participation of all who attend. The Diocesan Sacred Music Committee (SMC) invites you to join the Christ Mass Choir in 2010! The first practice will be held on Sunday, Feb 28 (2 to 4 PM). For more information, please visit: <http://CalgarySMC.wordpress.com>

**Interested in Composing Liturgical Music?** The National Council for Liturgical Music (NCLM) is inviting composer to submit settings for all three liturgical cycles. The intention is to have this collection, representing submissions from across Canada, collected by November 2010. To get more information, please feel free to contact our office at 403-218-5511 or 403-218-5524, or visit: <http://CalgarySMC.wordpress.com>

**"Come Make Beautiful Music: An Introduction to Gregorian Chant"**. All are invited to a Gregorian chant workshop with Brother Donatus Vervoort, ndl, Adjunct Professor of Theology, Newman Theological College. Singing talent is not a requirement. There will be a special afternoon session singing the Easter Exultet for deacons, and cantors. **Saturday, March 13, 2010, 9 a.m. to 4 p.m.**, St. Luke's Catholic Church, 1566 Northmount Dr. NW, Calgary. To register phone 403-282-9488 and ask for Matthew Emmelkamp or e-mail [Matthew.Emmelkamp@stlukeschurch.ca](mailto:Matthew.Emmelkamp@stlukeschurch.ca) Cost is \$20 and does not include lunch. Bring a brown bag lunch. Snacks and refreshments are provided.

## St. Mary's University College

**'Byzantine Iconography'** a free public lecture by Marianne Savaryn on **Thursday, March 18** at 7:30 pm. Midlands Building, St. Mary's University College, 14500 Bannister Road SE, Calgary T2X 1Z4. For more information contact: 403-531-9130 or [www.stmu.ab.ca](http://www.stmu.ab.ca)

**Weekend Iconography Workshop** with Marianna Savaryn **March 19 - 21** A beginner's level introduction (no experience necessary. Fee: \$200 + GST and \$25 for materials. Space is very limited so please register early. To enquire or register please call 403-531-9130 or check [www.stmu.ab.ca](http://www.stmu.ab.ca)

## Alberta Catholic School Trustees' Association

**REGISTER TODAY!** The 2010 Catholic Conference, **Stand in the Light: Washed, Anointed, Sent**, is happening on **March 12-13, 2010 in Edmonton** at the Mayfield Inn and Suites Conference Centre. The conference is an excellent, faith-filled opportunity to gather with others and celebrate. It will feature local, national and internationally-known speakers, included keynote speaker **David Wells**. For more information and to register visit [www.catholicconference2010.ca](http://www.catholicconference2010.ca) or call the Alberta Catholic School Trustees' Association at 780-484-6209.

## Vocations

The Office of Vocations, University of Calgary Catholic Community, and St. Pius X Parish are sponsoring the production of **Damien**. This is a performance depicting the life of a Catholic missionary who devoted his life to ministering to lepers in Hawaii. It will be performed by Fr. Edward Evanko of the Ukrainian Catholic Eparchy of New Westminster. The date for this is **February 26**, 7 p.m. at St. Pius X Church in Calgary (2424 -24<sup>th</sup> Ave. N.W.). Please contact either the UCCC (403-220-3898), St. Pius X Parish (403-289-3602), or the Office of Vocations (403-245-2753). Admission is free, but a ticket is required due to limited seating. A 'free will' offering will be taken to cover costs, and remaining donations given to the Diocesan Seminary Fund.

## Ecumenical and Interreligious Affairs

The 21<sup>st</sup> Annual Images of Spirituality women's ecumenical gathering will be held on the weekend of **April 16-18**, 2010 at Entheos Retreat Centre. The theme is "**And it was good**" with session leader Carolyn Pogue (United Church laywoman) and worship leader Pastor Marty Tuer (Lutheran). Registration forms are now available online. For more information visit [www.imagesofspirituality.ca](http://www.imagesofspirituality.ca).

## Life and Family Resource Centre

**Effective Co-Parenting: Putting Kids First** is a parent education programme that will give information about the needs of parents, children & families coping with separation and divorce. This programme will be held on six Tuesday evenings from **March 16 – April 27, 2010** at 120 – 17 Avenue SW, Calgary. For more information or registration contact the Life & Family Resource Centre at 403-218-5504.

**Only two weeks left to register: Transitions**, is a 15-week programme for newly separated/divorced Catholics. The group meets once a week from 7:00 – 9:00 p.m. Sessions will begin on February 22 at St. Luke's Parish NW and February 24 at the Catholic Pastoral Centre, 120 – 17 Avenue SW, Calgary. E-mail: [lfrcast@rcdiocese-calgary.ab.ca](mailto:lfrcast@rcdiocese-calgary.ab.ca) or call 403-218-5505 for information & or registration.

**Marriage Encounter Weekend February 19- 22, 2010** is for couples who desire a fuller richer life together. Check [www.wwmecanada.org](http://www.wwmecanada.org) or call Bart & Maureen McAnally at 403-246-6624

**Retrouaille: A Lifeline for Troubled Marriages** So many couples struggle alone and confused with their difficulties. Retrouaille offers those in troubled and painful marriages the chance to rediscover themselves, their spouse, and a loving relationship in their marriage. You are NOT alone. Please don't wait. Next programme begins **March 5 – 7, 2010**. Check the web: [www.helpourmarriagecalgary.com](http://www.helpourmarriagecalgary.com)

**Rainbows** A programme helping children cope with changing family relationships due to separation, divorce or death is looking for people with heart who would like to help children in this very important ministry. We need coordinators, and facilitators. Training provided. Please call Irena at 403-218-5505

**Pull Back the Curtain: How Religious and Secular Services Address Abuse of Older Adults**. This one-day conference hosted by **Alliance to End Violence** will feature Charmaine Spencer, a Canadian expert on the topic, and will take place **March 1, 2010**. For information contact Eva Chan at [echan@endviolence.ca](mailto:echan@endviolence.ca) or Alexandra Sears at [faithlink@endviolence.ca](mailto:faithlink@endviolence.ca).

---

For more information please check out our website at [www.rcdiocese-calgary.ab.ca/](http://www.rcdiocese-calgary.ab.ca/)

Or contact Carol Hollywood, Library & Archives, 403-218-5510

From the Offices of the Catholic Pastoral Centre, 120 - 17 Avenue SW, Calgary, AB, T2S 2T2